

Dry Needling Consent Form

Please review the following information **PRIOR** to consenting to application of dry needling techniques which is recommended by your physical therapist as a part of the physical therapy plan of care.

Dry Needling is a technique that utilizes thin, solid filament needles to treat myofascial trigger points, muscle spasms, or dysfunctional tissue.

Like any medical procedure, there are possible complications. While these complications are uncommon, they do sometimes occur and must be considered prior to giving consent to the procedure.

- You may experience an increase in pain for one to two days followed by an expected improvement in your overall symptoms.
- You may experience a general feeling of fatigue following treatment as your body requires energy to assist in healing the tissue dysfunction.
- You may experience a small bruise or localized bleeding in the region of the inserted needle.
- You may also experience any of the following during treatment: A feeling of relaxation, an increase in energy level, dizziness, nausea, sweating, or irritation at the site of needle insertion.
- A rare complication is the development of a pneumothorax. The risk is minimal with a cautious and experienced physical therapist performing the dry needling.

Indicate below if you have any of the following conditions: (circle Y or N)

Y	N	HIV/AIDS/Hepatitis	Y	N	Unstable Blood Pressure
Y	N	Current or Recent Infection	Y	N	Pacemaker
Y	N	Use Blood Thinners	Y	N	Cancer
Y	N	Current use of Immunosuppressant Medication	Y	N	Diabetes
Y	N	Phobia of Needles	Y	N	Currently Pregnant

I have read this form and I understand the risks involved with dry needling therapy. I understand that the physical therapist will answer any questions or concerns before proceeding. I agree to advise my physical therapist of any and all changes in my physical condition, whether or not I believe these changes will affect my physical therapy plan of care.

I consent to dry needling treatment by my physical therapist

Patient Signature

Date